



# West Sussex Mediation Service External Newsletter

## AGM

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August

2021



**AUGUST**

### *External Edition*

*Published for the  
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Supporters of West  
Sussex Mediation  
Service.*

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We are pleased announce the venue for our 2021 Annual General Meeting which will take place on Thursday 7th October (6.00pm for 6.30pm start).

We will be guests of Edes House, a charming Georgian mansion, built at the end of the 17th century for local maltster John Edes and his wife Hannah. It now has Grade 1 listed status and has been carefully restored. The house is situated on West Street in the heart of Chichester. It is run by West Sussex County Council.

We will publish further details shortly but anyone wishing to attend are invited to notify our office.

If Chichester is a bit of a trek for you, perhaps you can share a lift. If you can offer one, again let the office know and we can pass on your contact details, with your approval.

Tea, Coffee, Squash and biscuits will be laid on for arrival, but to save on costs we will not be providing further refreshment.

We hope to have a raffle at the event and would welcome any prizes to support this. Proceeds will help us offset the hire fee and drinks.

Our Annual Report will be published by the event date.



## News

**Training Course** - We are about to set dates for a Community Mediation Training Course for new mediators.

Sadly, the number of people who 'graduated' from our last course in October 2020 and who remain active with our service, has reduced. We have also lost a few, longer established volunteers, for various reasons.

The new (accredited) course is likely to start in mid October and totals 40 hours.

We are already starting to put the word out to attract volunteers and have submitted articles to a number of local free colour magazines, across the county. If you, or anyone you know might be interested in the volunteering role, then please do get in touch with us. Our existing mediators find it very rewarding and therefore many of them have remained with us for many years. There is no minimum hours per week to perform but we hope that volunteers can be available on an ongoing basis, as the training is quite an investment for the charity.

The course may be part in person and part online, depending on the prevailing Covid-19 situation at the time.

**Easyfundraising** — we are in the process of closing our account with Easyfundraising to concentrate our efforts with Giveasyoulive. We have only had one person active supporter on Easyfundraising — one of our long standing mediators who has been asked to transfer their allegiance. Once our account is closed, any existing supporters will have their donations automatically transferred to another charity other than ourselves. To sign up to Giveasyoulive, follow this link:

<https://www.giveasyoulive.com/join/wsms>

**Referrals** — casework from Sussex Police staff continues unabated. Since 1st April we have taken 42 referral from Police staff across the county. Most active have been from the Police Community Support Officers covering Adur and Worthing.

Referrals from Housing Associations have recently picked up after we have refreshed or forge new relationship with them. We welcome the support of Raven Housing Trust and are in talks with Sanctuary Housing and A2Dominion who wish to utilise our services.

Family cases continue to run at a slower pace than previous years and the same goes to workplace cases.

## News

**Good News** — looking forward to this grant hitting our bank account:



**Worthing Better Business Show** — we have booked a stall at this show on **Thursday 23rd September 2021 between 10:00am & 4:00pm** in the main hall at Worthing Leisure Centre, Shaftesbury Avenue, Goring-by-Sea, BN12 4ET .

The event , which is being organised by the Worthing & Adur Chamber of Commerce, is free to attend. We will primarily promoting our Workplace

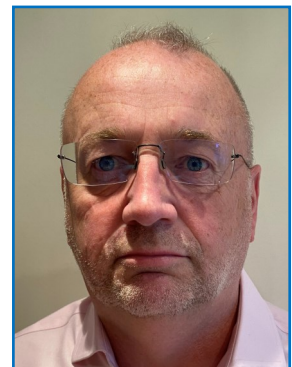


Mediation service in order to generate further income through that activity. We have attended the show once in the past, which was well attended and included some very good workshops on a variety of subjects. If you do attend, do drop by to say hello.

**Latest Recruits** — we welcome further recruits to our service, who have trained elsewhere and have volunteered their time in support of WSMS.

Simeon was trained by a well known name in the world of mediation, Lorraine Bramwell. He lives in Epsom but will be able to take on online mediations for us.

We also have Meryl, who we will introduce further next month.



# Free webinar

August 29th, 2021



## POWERLESS, YET POWERFUL

Admitting your powerless to alcohol is a power move. In this webinar, we will explore the misconceptions behind the word 'powerless', and how we can use this self-realisation to overcome addictive substances.

### In this webinar:

- Breaking through denial
- Relapse prevention
- John's story
- Support groups
- Family & relationships

### Our Host

Join John McLean addictions coach, in sharing his life experience of being 30 years sober.

John has made appearances on TV, radio, and has years of experience in addiction support groups, rehabs and helplines in the UK.

### Who Can Attend:

- **Individuals suffering from alcohol or drug addictions (including prescription drugs)**
- Family or friends effected by a loved one with alcohol or drug issues
- **Anyone wanting to learn more about how addictions manifest and how to cope with these issues**

### Visit Our Online Library:

[Addiction Groups & Rehab In West Sussex](#)

[Addiction Library](#)

### Join Us

#### When:

*29th of August 2021*

#### Where:

*Join our online*

*webinar by emailing:*

*[caroline@rehabguide.co.uk](mailto:caroline@rehabguide.co.uk)*

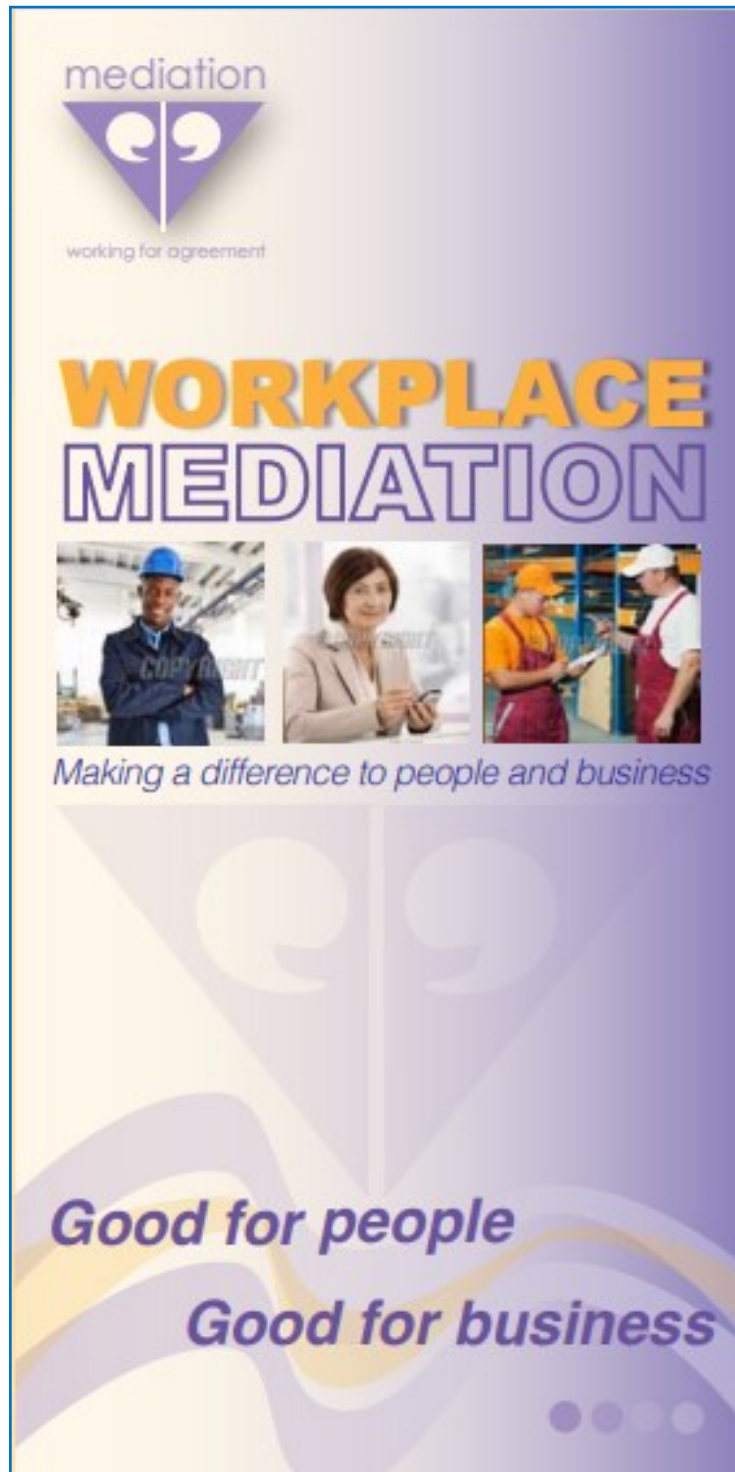
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# Workplace Mediation



Call us for free advice on any workplace conflicts that your business/organisation is suffering.

We have skilled and experienced workplace mediators available.