



# West Sussex Mediation Service External Newsletter

## By Invitation only

Issue No: 81

Father's Day  
2015



### External Edition

*Published for the  
Funders and  
Supporters of the  
West Sussex  
Mediation Service.*

Thanks to a very kind offer, the Earl and Countess of Lytton will be hosting an event for WSMS at their home near Shipley. A number of kind volunteers chipped in to arrange and cater for the event including Uschi, Hazel, Susanne & Stella (mediators) and Caroline (trustee).

The evening event takes place on the 19th June and has various dignitaries attending, plus funders, supporters and corporate representatives. These include the new MP for Horsham, Jeremy Quinn, the Chief Constable of Sussex Police, Giles York and Mrs Denise Patterson, the High Sheriff of West Sussex. It is an opportunity to say thank you and promote our work.

We look forward to seeing a number of other guests who can't all be mentioned here. The evening will include food and drinks, a brief interactive presentation by Hazel and background live music.



## Christmas is coming!

### Inside this issue:

By Invitation only	1
Xmas is coming!	1
Snippets	2
More News	3
The Horsham One	4
Quotes	4
GDB Challenge	5

More next time

Sorry to mention it in June, but many organisations will already be planning for Christmas! This year we want to be ahead of the game. We would like to have a bigger presence in the lead up to the festive period by having stalls at Christmas Markets and possibly arranging an Xmas event, such as a Carol Concert. If anyone has craft skills that we could benefit from, do let the office know. It could be anything from cards, soft toys, Christmas Tree Decorations to Yule Log cakes and Christmas cakes. We would also like a heads up on events to attend.



## Snippets

> **Bone of contention!** – follow this link for a brief but funny video (titled ‘Reality Testing in Mediation’)



Testing in Mediation’)

See the out-takes also.

<https://youtu.be/HpV4ga-aRl0>

> **New Community Mediation Video**

Take a look at this new YouTube video that will explain Community Mediation to the public. It was created by Protocol IT in association with Liz Stokoe and WSMS.

We have already embedded it on our website. It follows on from a similar animated video created for Family Mediation.

Follow this link: <http://ow.ly/OaaX5>



< - - - - - *Nick's New Office Wear!*

In case of any queries, read again!

There is a second version, which we might feature in the next edition!

## Volunteer Opportunities

We are still seeking to recruit Trustees, Fundraisers and Event Organisers

Contact Nick for more details – [nick@wsms.org.uk](mailto:nick@wsms.org.uk)

## More News

### Queen’s Award for Voluntary Service –

Sadly we were unsuccessful following our nomination, this time round. We would be eligible for future nominations.

The four West Sussex based award winners this year were – ALSAR Search Dogs Sussex , Bear-Patrol (a LGBT Community Social/Leisure Networking Group), reMEmber (the Chronic Fatigue Society) and The Phoenix Snak Shak Ltd (a Selsey Youth Project). A full list of this years’ recipients, across the country, can be viewed here: <http://ow.ly/OOCY2>



### > Pub Meet Up -

It was good to see a few of our mediators and trustees at the evening get together at The Foresters Arms in Washington on 11th June. It was a fine evening but we chose to drink and dine in the restaurant. Many of us took advantage of the Curry Night offers. Those joining Nick (Co-ordinator) were Allan Gee (Treasurer), John Green (Trustee), David Chubb (Trustee Elect), Juliette (Mediator), David (Mediator) and



Ginette, from Steyning, who has recently trained with Sandy at a Surrey Training course and will be joining our volunteer numbers. We will introduce her further in due course. I think it is fair to say that a good time was had by all and it is something that should be repeated in the future. Sorry to those who would have liked to have attended but were unable to attend due to diary clashes/holidays. Perhaps we will see you next time.



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<http://www.giveasyoulive.com/join/wsms>

Please join up and help us raise funds

## We've freed 'the Horsham one'!

Nick has been busy trying to gain support from local Horsham businesses in order that WSMS could partake in the Rotary Club of Horsham's Elephant Trail, (Issue 70 Page 2). Whilst this was taking place Nick put Plan 'B' in place - trying Crowdfunding via Crowdfunder.co.uk but that fell on stony ground. Plan 'C' is featured below. It involved a campaign to 'Free the Horsham One' - i.e. our Elephant being held captive until sufficient funds are raised to secure its release (see poster below).

We managed to get media coverage in the County Times and District Post, and also via social media. It was a fun way to gain publicity for us and the event. We already had Hazel tasked with decorating the Elephant using her great artistic skills, so we were committed to the project.

Thankfully our great friends at **Saxon Weald** came up trumps and agreed to sponsor our Elephant and we will be working closely with them to make it mutually beneficial. There is a dedicated Elephantastic Facebook page that you can 'Like' -

<http://ow.ly/Nigle>

***FREE THE HORSHAM ONE!***



(In Aid of West Sussex Mediation Service - Registered Charity No: 1089092)

***Text Donate: WSMS08 followed by £1, £2, £5 or £10 to 70070***



Read Here: <http://ow.ly/NxfdY> or →

## Quotes

“My father gave me the greatest gift anyone could give another person,  
he believed in me.”

**Jim Valvano**

“When a father gives to his son, both laugh;  
when a son gives to his father, both cry.”

**William Shakespeare**

## GDB Charity Go-Kart Challenge

For the last 60 years, Gatwick Diamond Business has been representing, supporting and empowering local businesses. They are a financially and politically independent body owned and run by our members, for the members. They arrange everything from regular networking events and mutually beneficial introductions, to free promotion opportunities and local training workshops. WSMS is a member charity. The forthcoming gdb Charity Go-Kart Challenge will involve teams of drivers travelling the equivalent distance from Manor Royal to Le Mans (over 540km via Dieppe) ... in Go-Karts!

They are looking for teams of six drivers to take part, driving for 12 hours at the Team Sport multi-level 'International' track on Manor Royal, in Crawley. It is possible to drive the distance in around 10 hours (without stopping) so every team should complete the Challenge within the 12 hours allocated, allowing for driver changes and refuelling stops! **(Deadline for entries is 17th July)**

There will be prizes for:

- The Driver of the Fastest Lap
- The Team with the quickest time to Le Mans
- The Team with the furthest distance travelled in the 12 hours
- The Driver of the Slowest lap

As well as being a great team-building exercise and a chance for networking with other businesses, each team will be expected to raise £1,000 in sponsorship for the Charities within the Membership.

Date: Thursday 1st October 2015

Timings: 7:30am - 7:30pm

Price: £240 per head (individuals may be able to mix and match to make up a team)

This includes:

Your Kart, Fuel, Insurances, Helmet, overalls & safety wear, Safety Briefings, Food & refreshments, Networking with a variety of companies, Team-Building.

